

PSYCHOLOGICAL
WELLBEING AND JOB
SATISFACTION IN ROMAN
CATHOLIC PRIESTS
IN THE UK.

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OVERVIEW

- WHAT WAS DONE?
- WHY WAS IT DONE?
- WHO WAS INVOLVED?
- HOW WAS IT ARRANGED?
- WHEN AND WHERE?

THE ASSESSMENT

- QUESTIONNAIRE
 - FOOD & DIET
 - SMOKING / ALCOHOL
 - DAILY ACTIVITY
 - EXERCISE
 - GHQ 28
 - JOB SATISFACTION
 - MEDICAL / FAMILY HISTORY
- DIARY
- STRUCTURED INTERVIEW
- MEDICAL EXAMINATION

RESPONSE

- 172 INVITATIONS
- 128 ACCEPTED (74%)
- 26 DECLINED
- 14 CANCELLED
- 4 NOT ELIGIBLE.

BASIC STATISTICS

- MEAN AGE 55.01 YRS (29 – 80)
- CURRENT SMOKERS 21 (20%)
- BMI >25 55 (52%)
- NO REGULAR EXERCISE 56 (52%)

ALCOHOL INTAKE

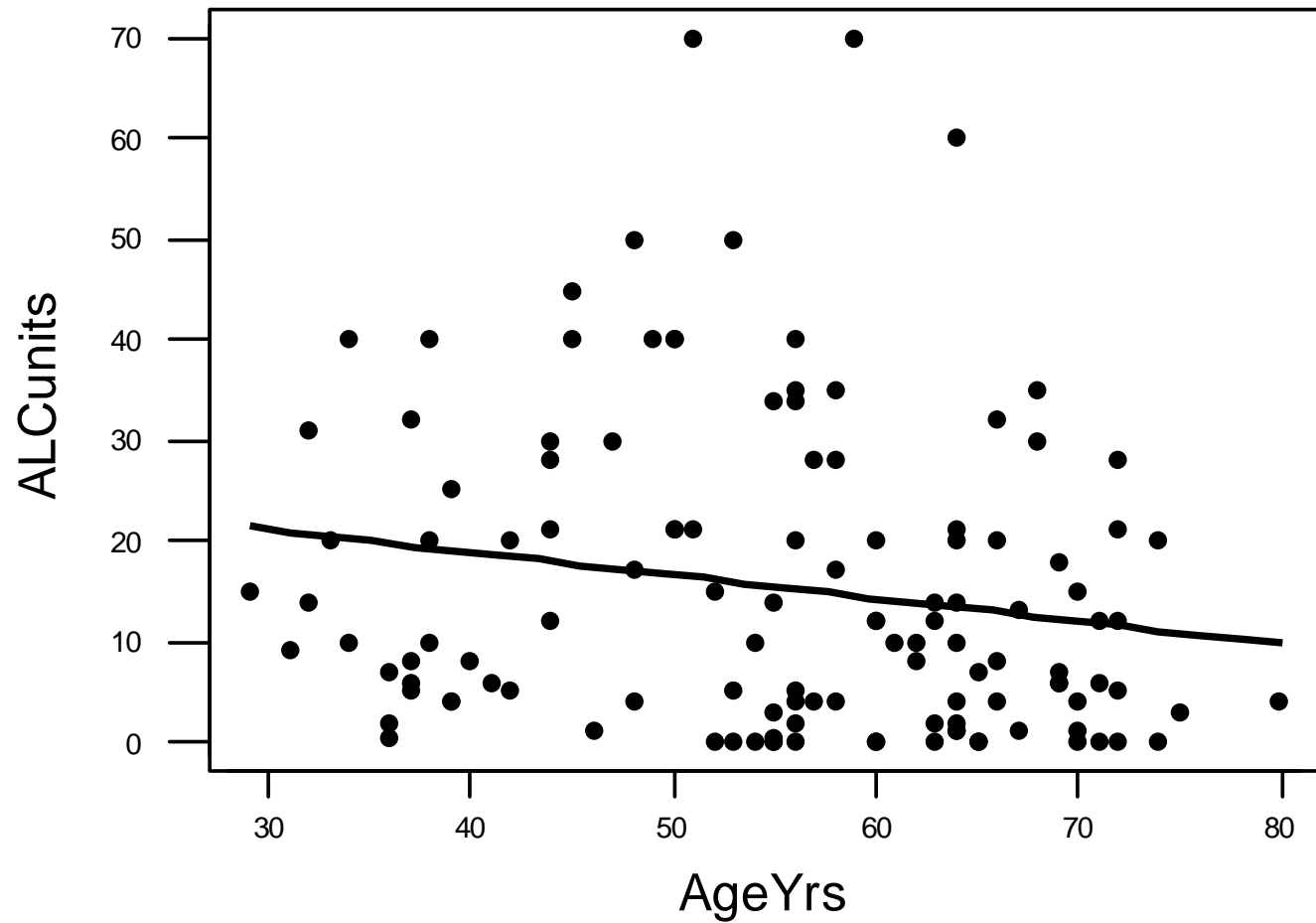
- MEDIAN 10 UNITS
- MEAN 15.4 UNITS
- RANGE 0 – 70

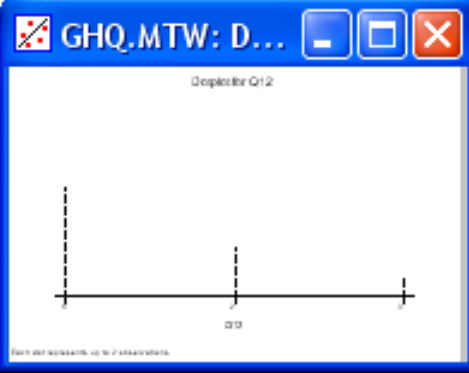
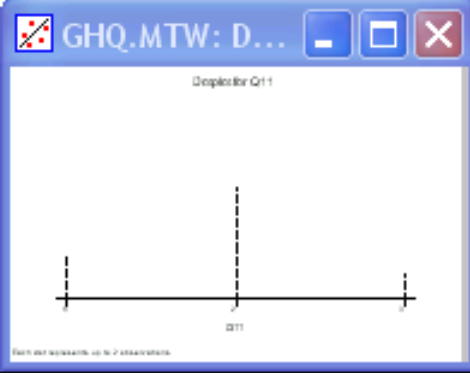
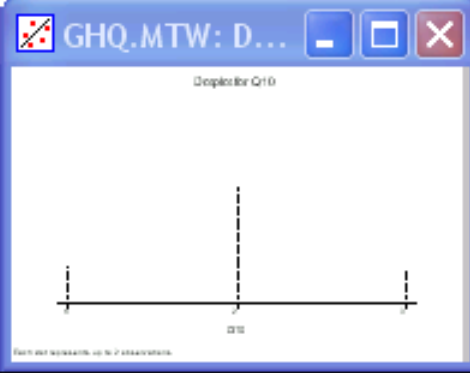
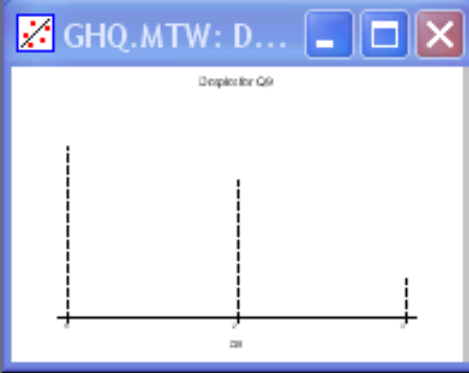
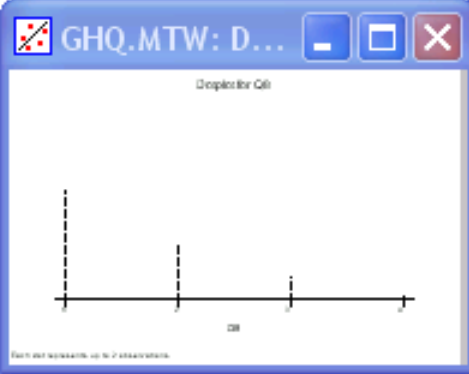
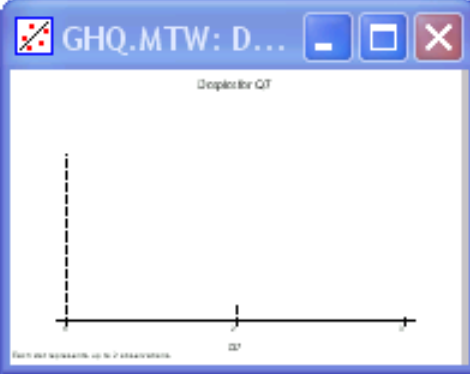
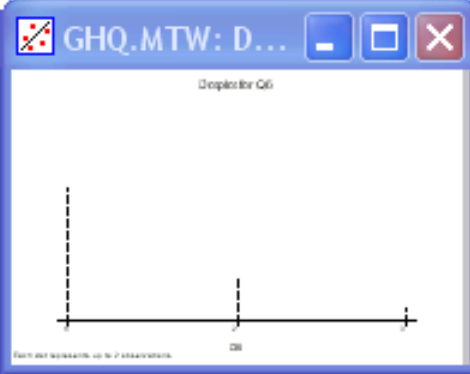
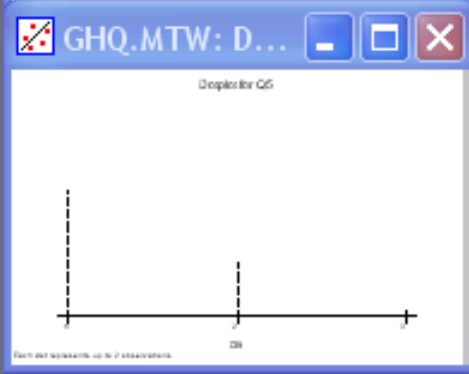
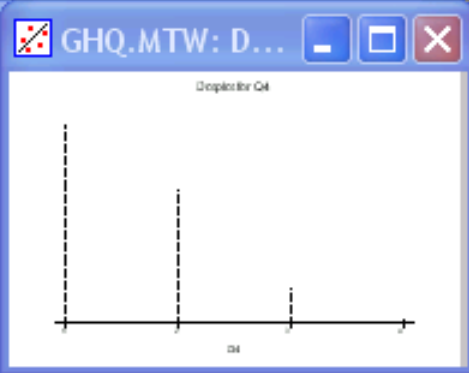
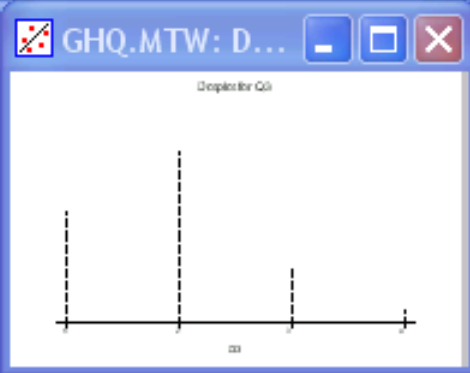
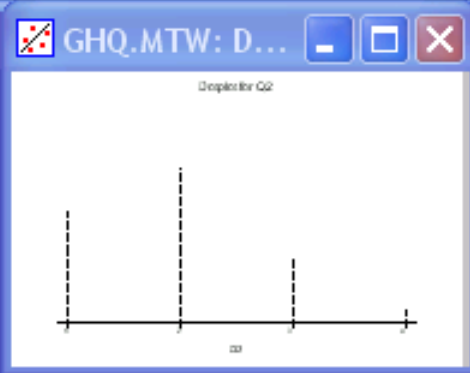
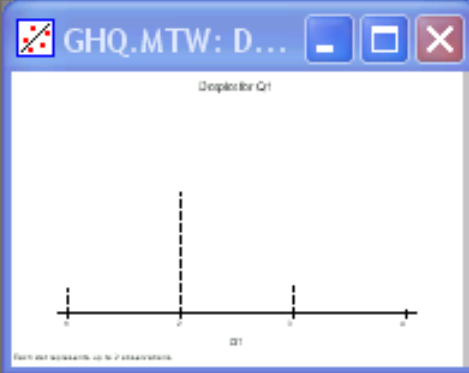
- >21 UNITS/WK 29 PRIESTS
- 0 UNITS/WK 15 PRIESTS

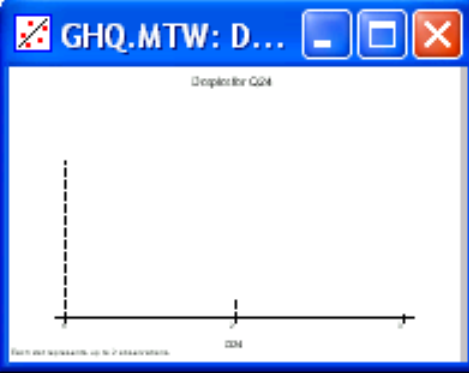
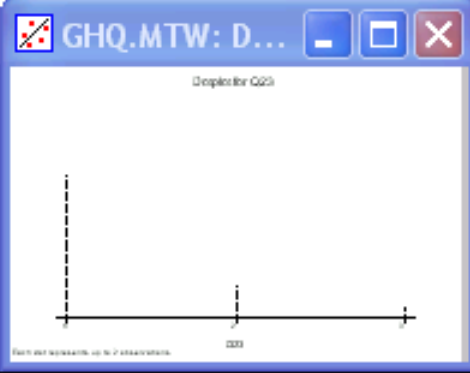
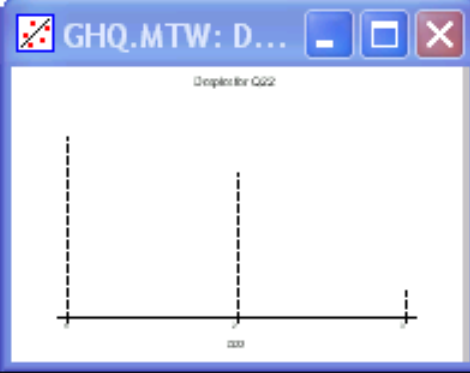
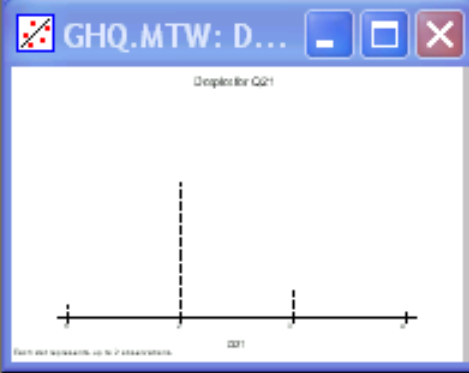
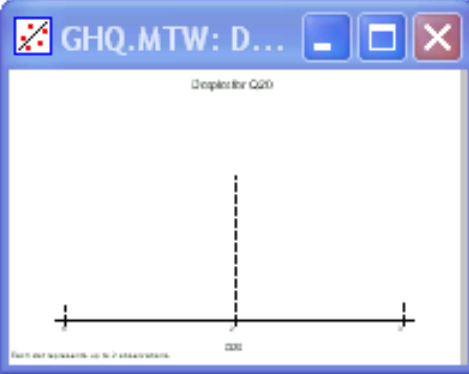
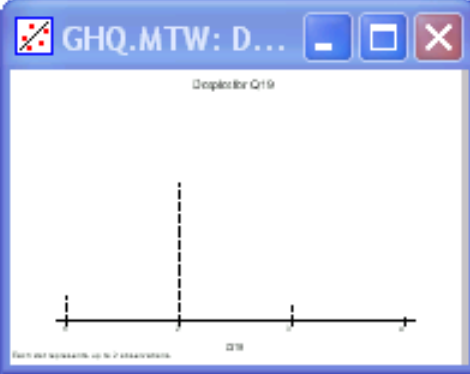
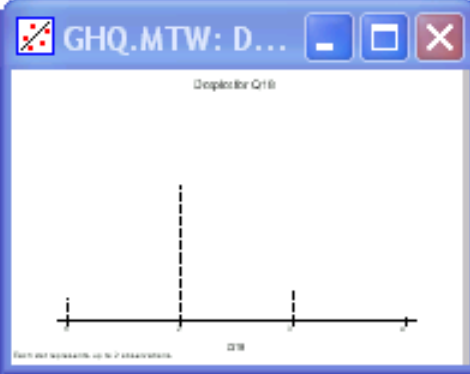
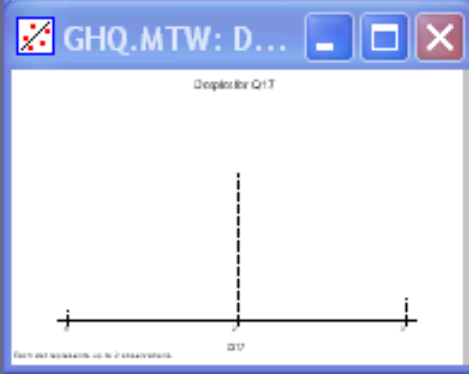
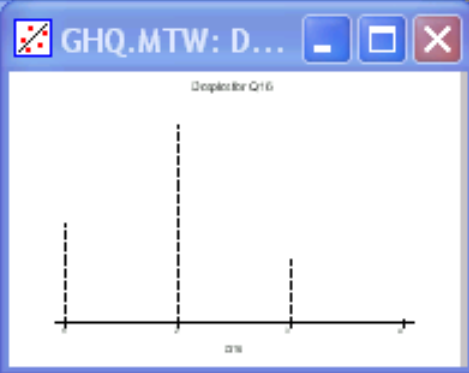
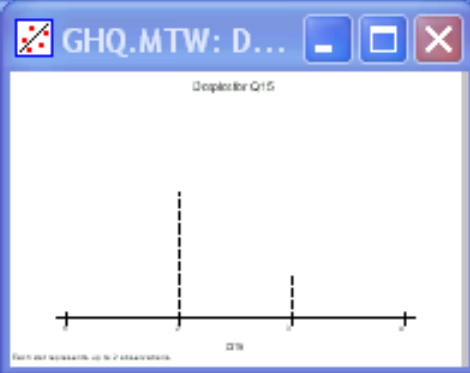
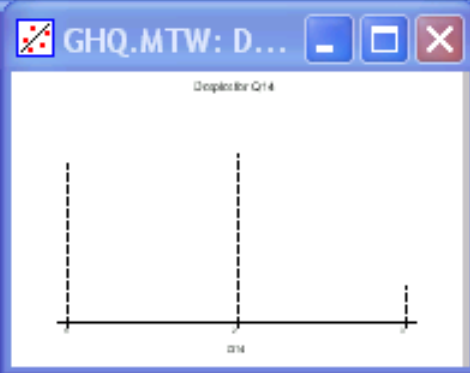
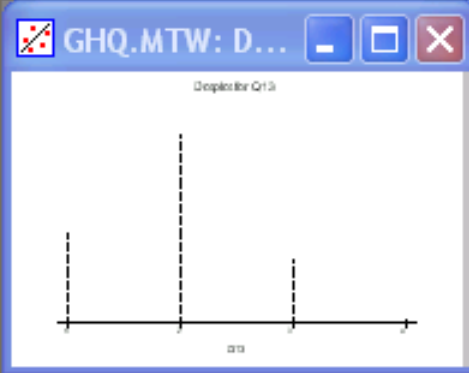
Regression of reported alcohol consumption by age

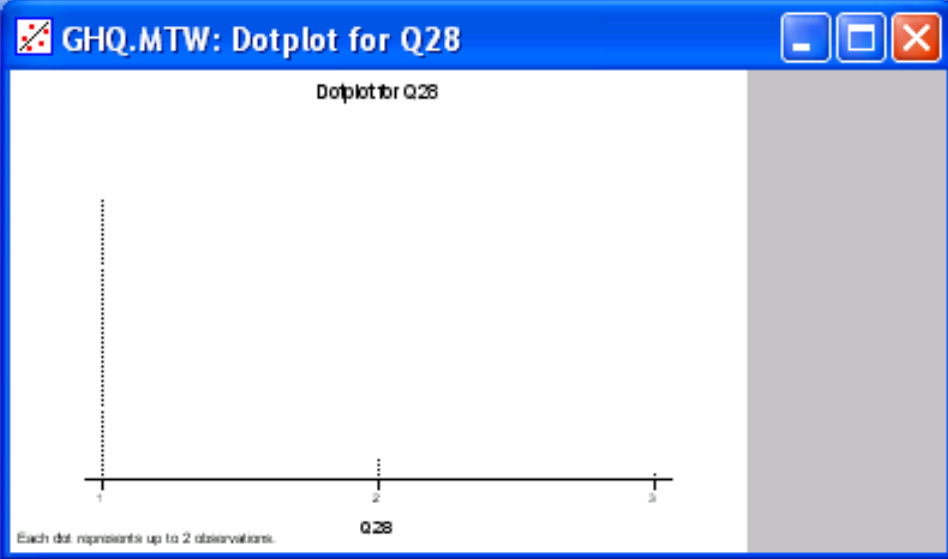
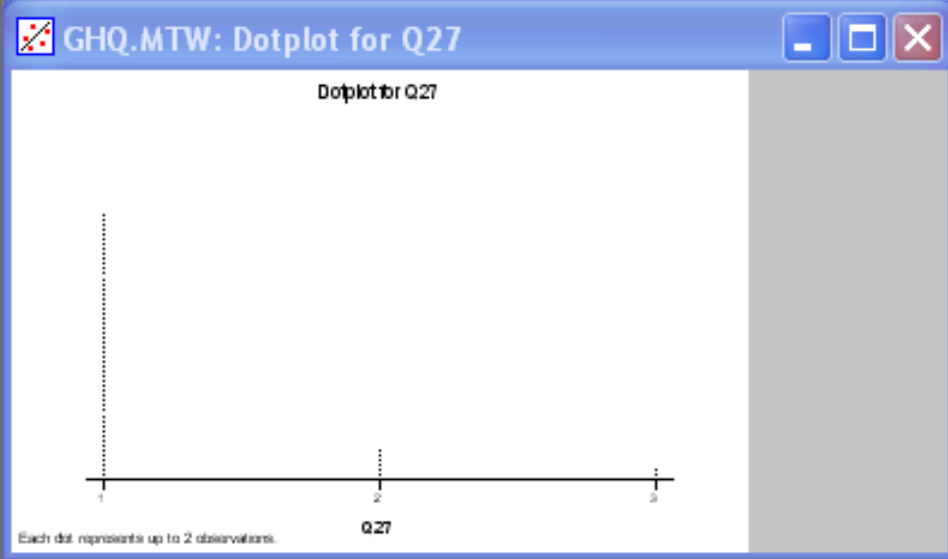
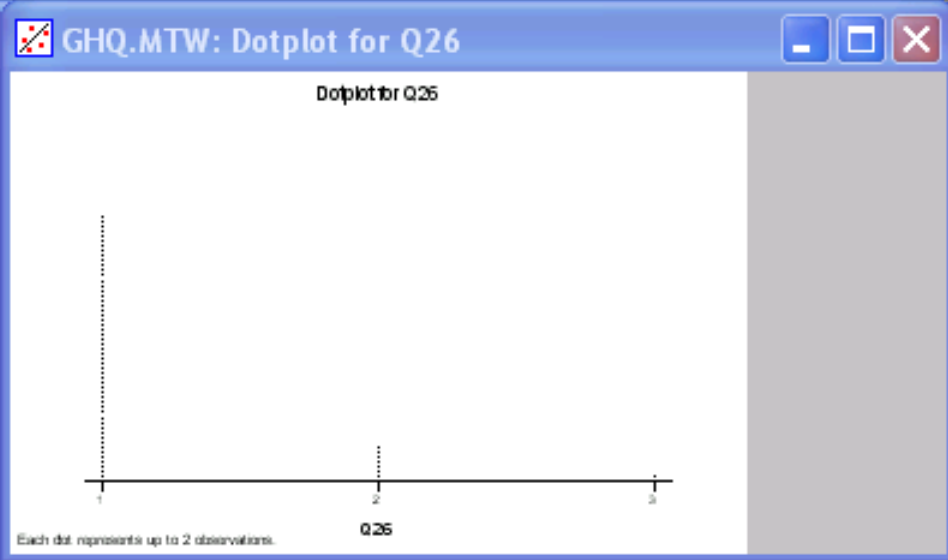
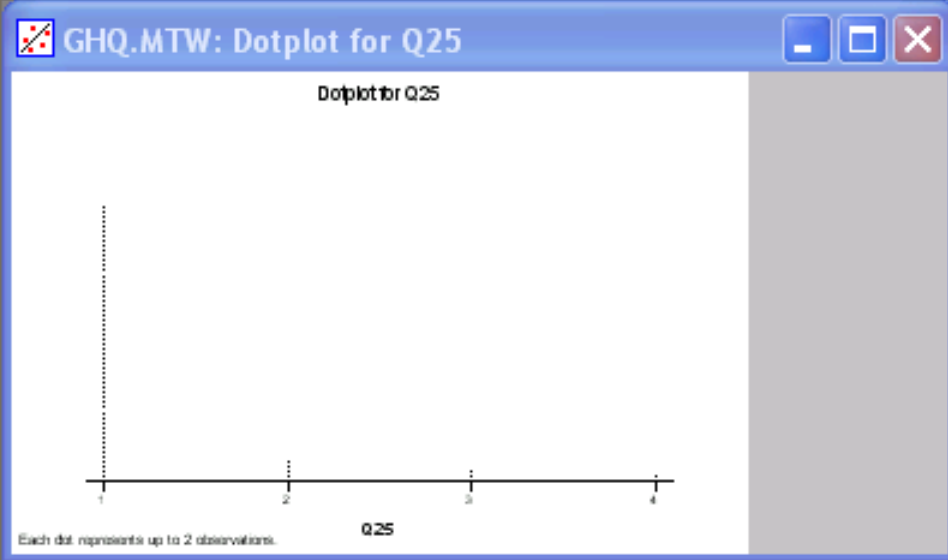
$$Y = 28.0266 - 0.227584X$$

R-Sq = 3.2 %

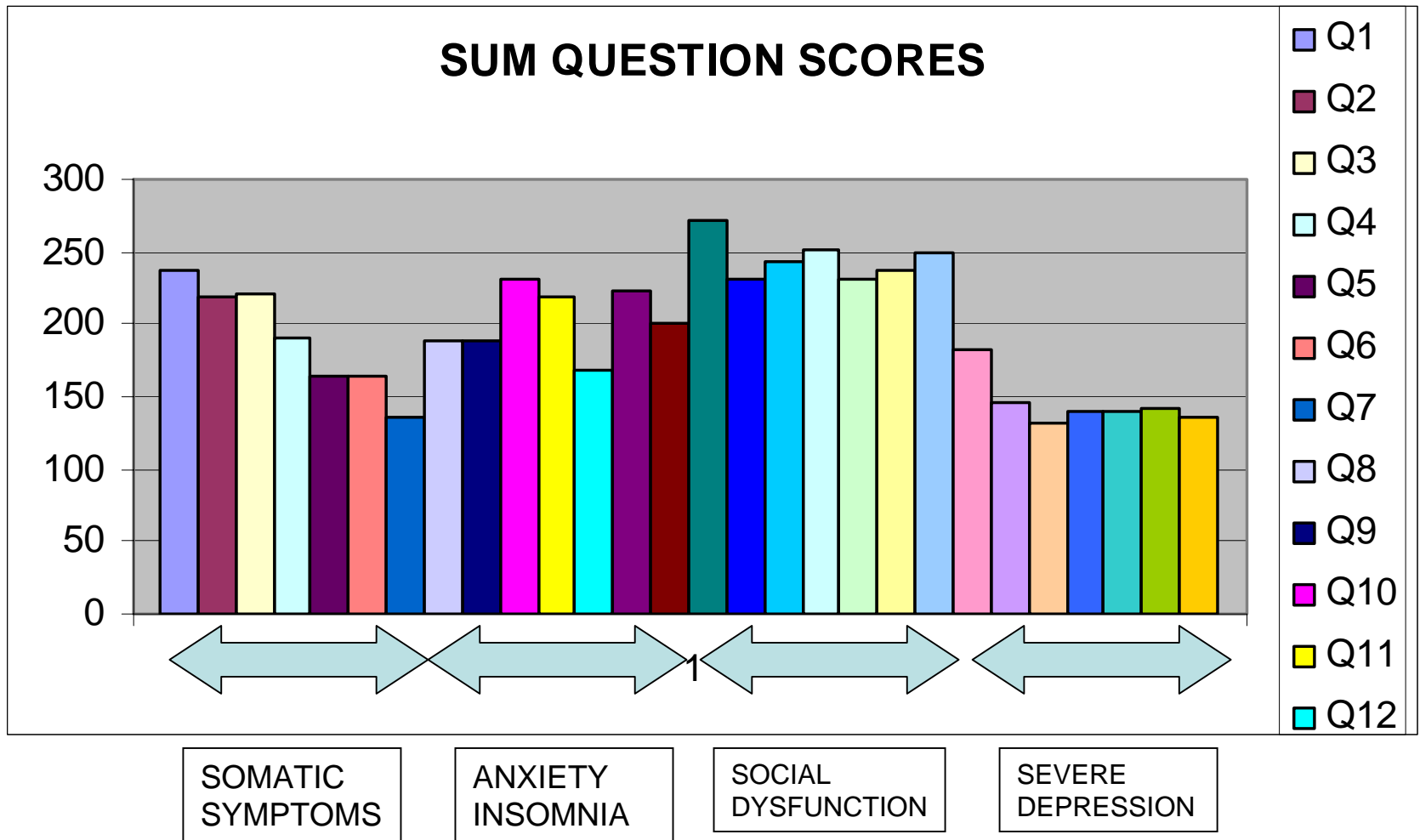








ANALYSIS OF GHQ 28 QUESTION SCORES



HIGHEST SCORING QUESTIONS

Q15: “Been managing to keep yourself busy and occupied”

Q18: “Been satisfied with the way you have carried out your task”

Q21: “Been able to enjoy your normal day to day activities”

Q20: “Felt capable about making decisions about things”

Q1: “been perfectly well and in good health”

LOWEST SCORING QUESTIONS

Q24: “Felt that life isn't worth living”

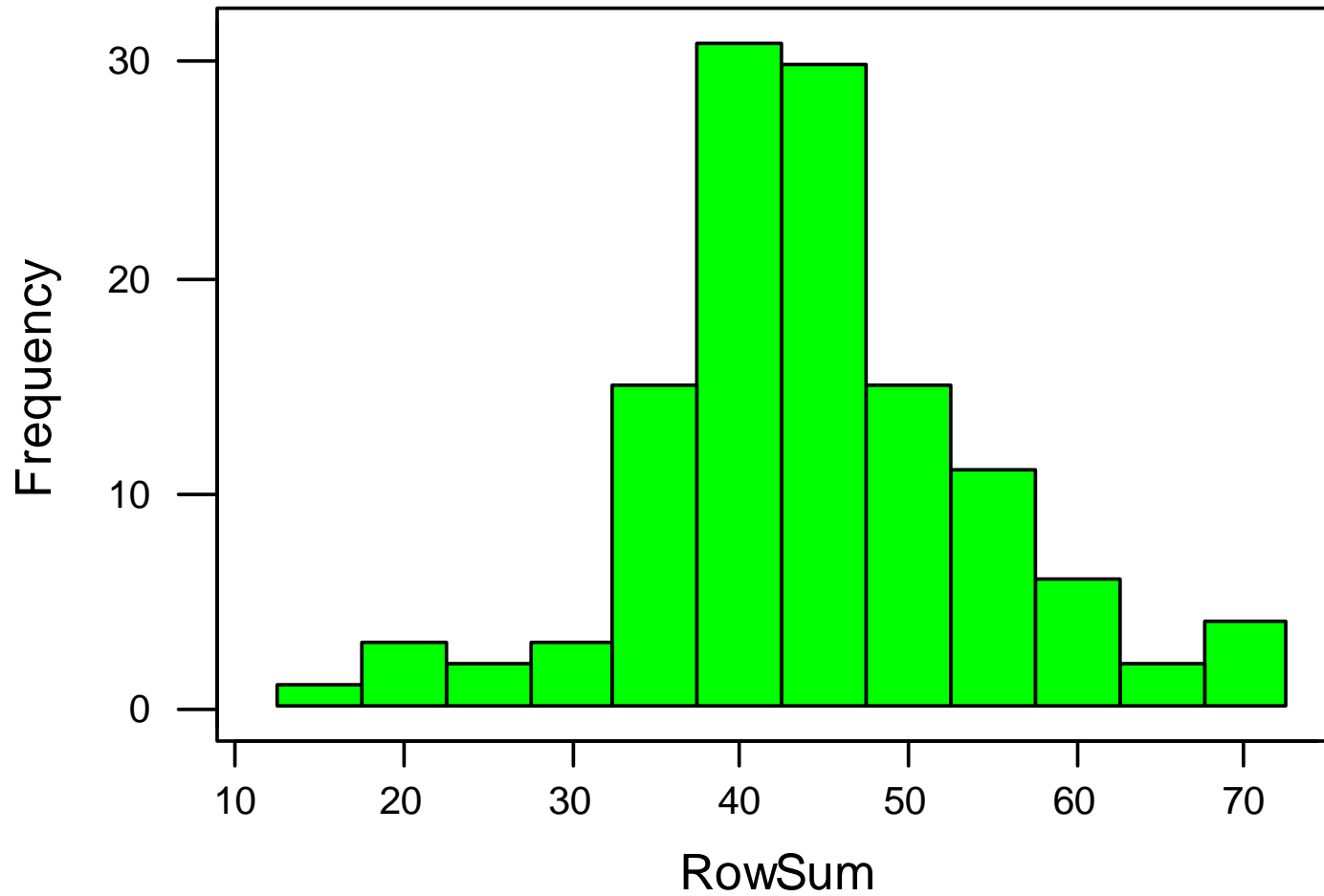
Q28: “Found that the idea of taking your own life kept coming into your mind”

Q7: “Been having hot or cold spells”

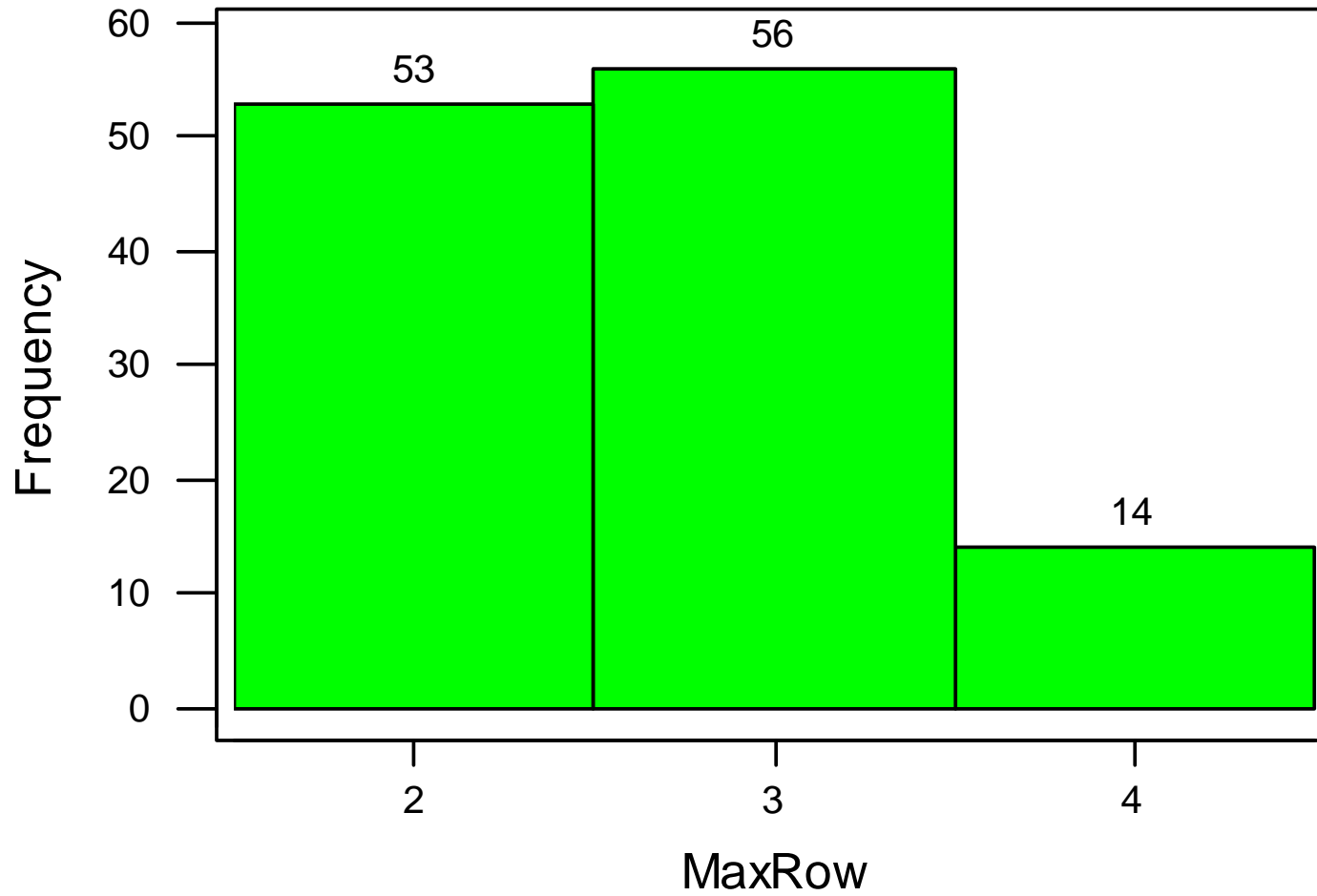
Q26: “Found at times you couldn't do anything because your nerves were too bad”

Q25: “Thought of the possibility that you might make away with yourself”

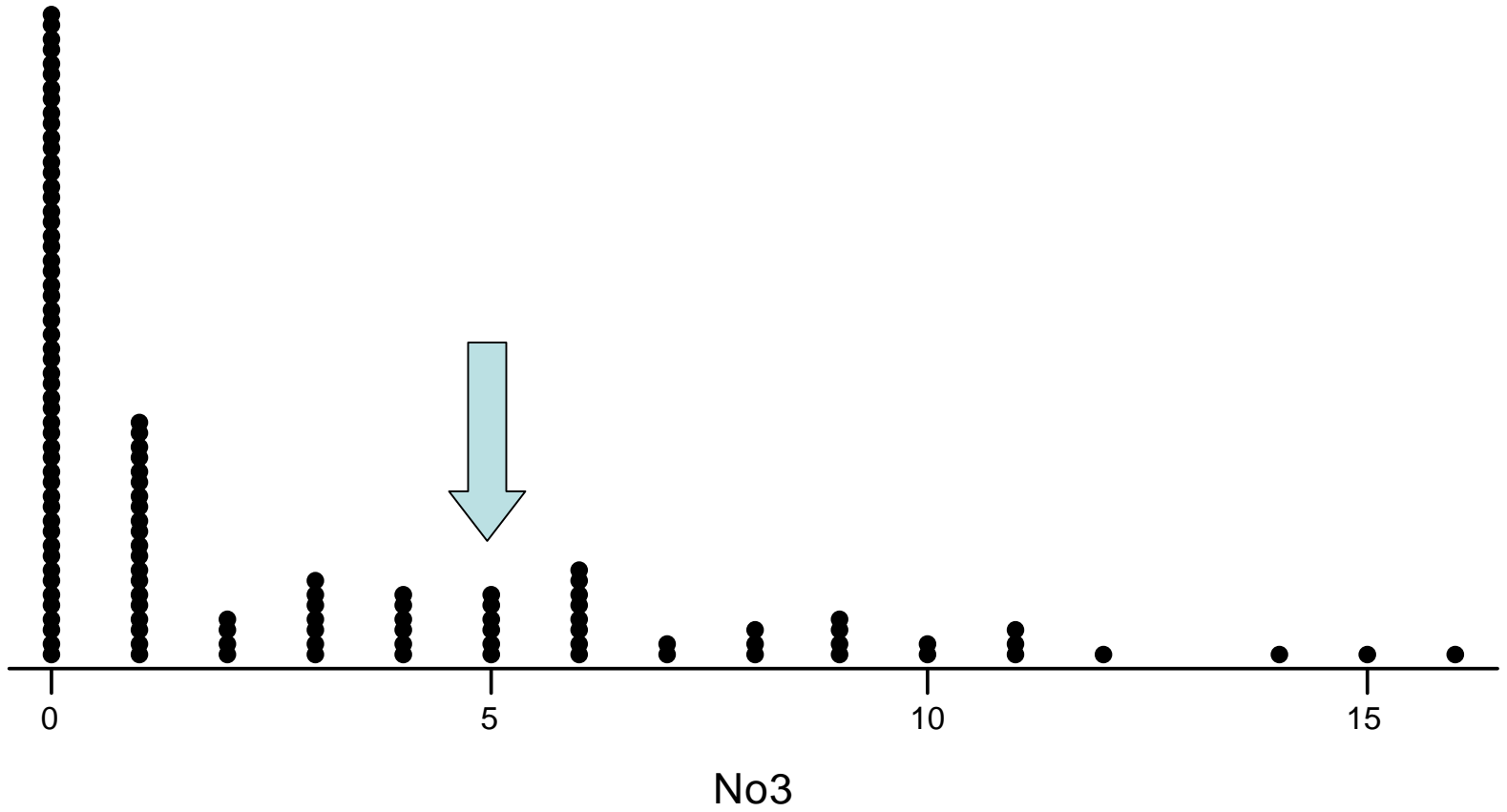
SUM OF GHQ SCORES



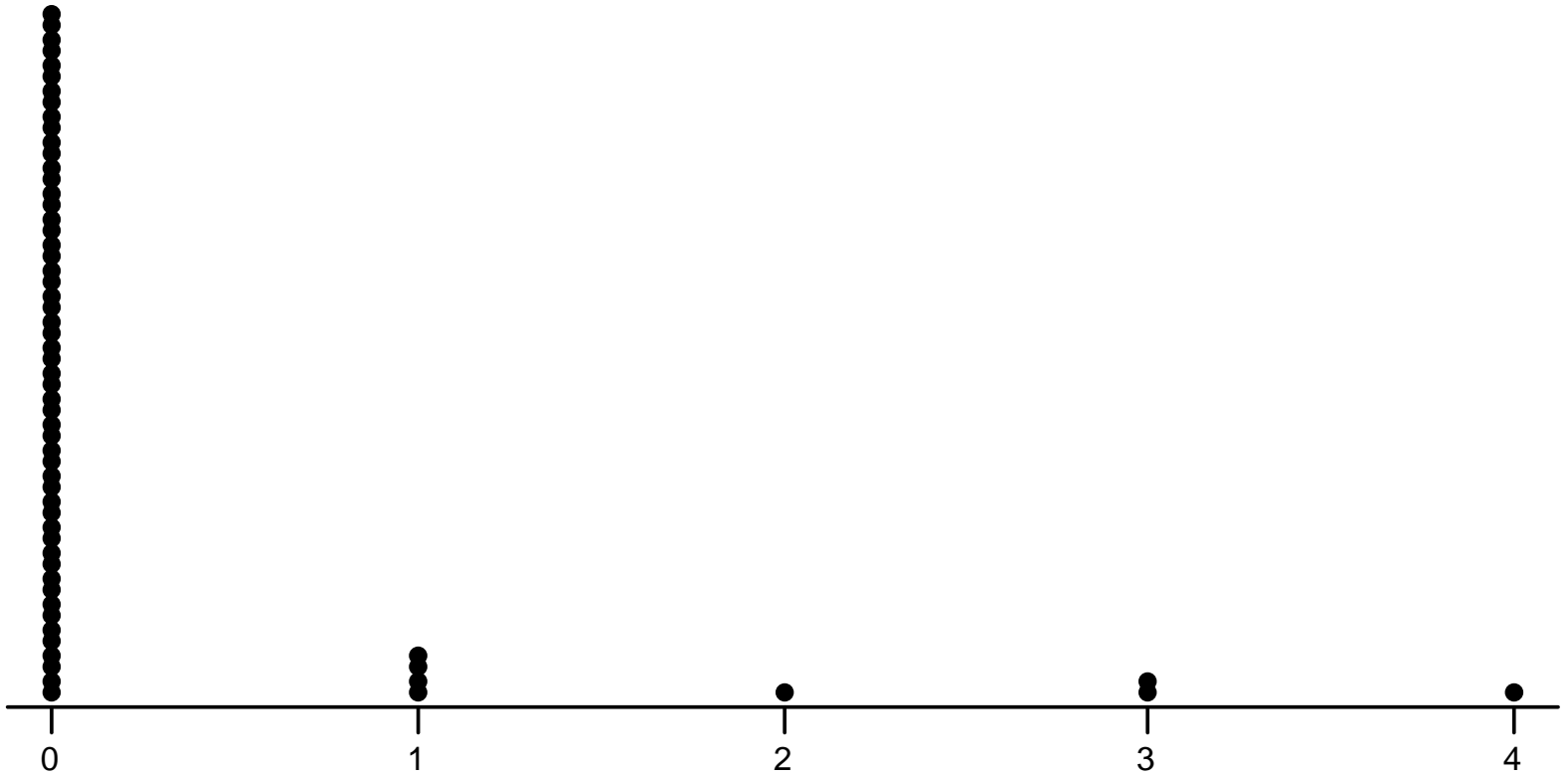
MAX. SCORES



Dotplot for No3

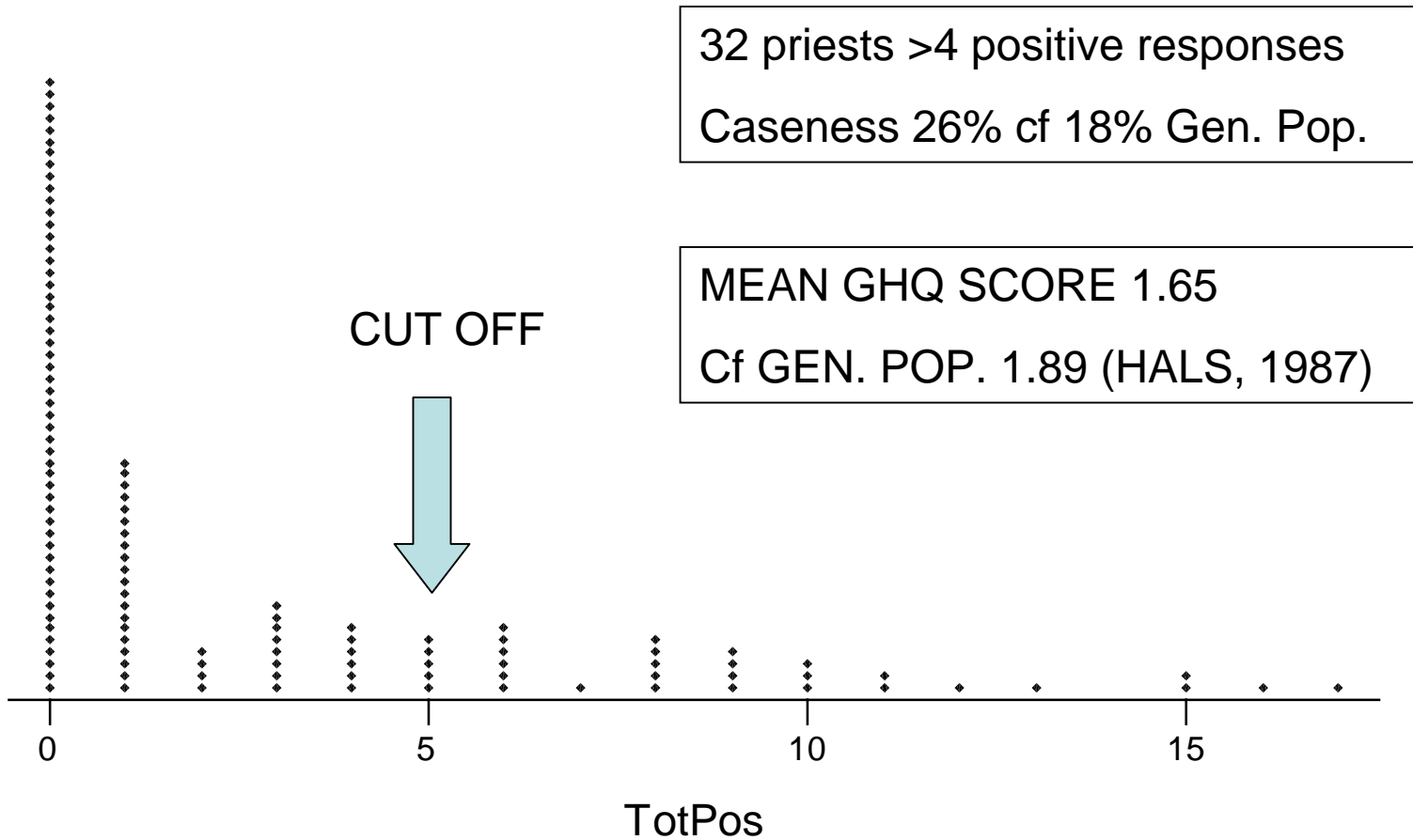


Dotplot for No4

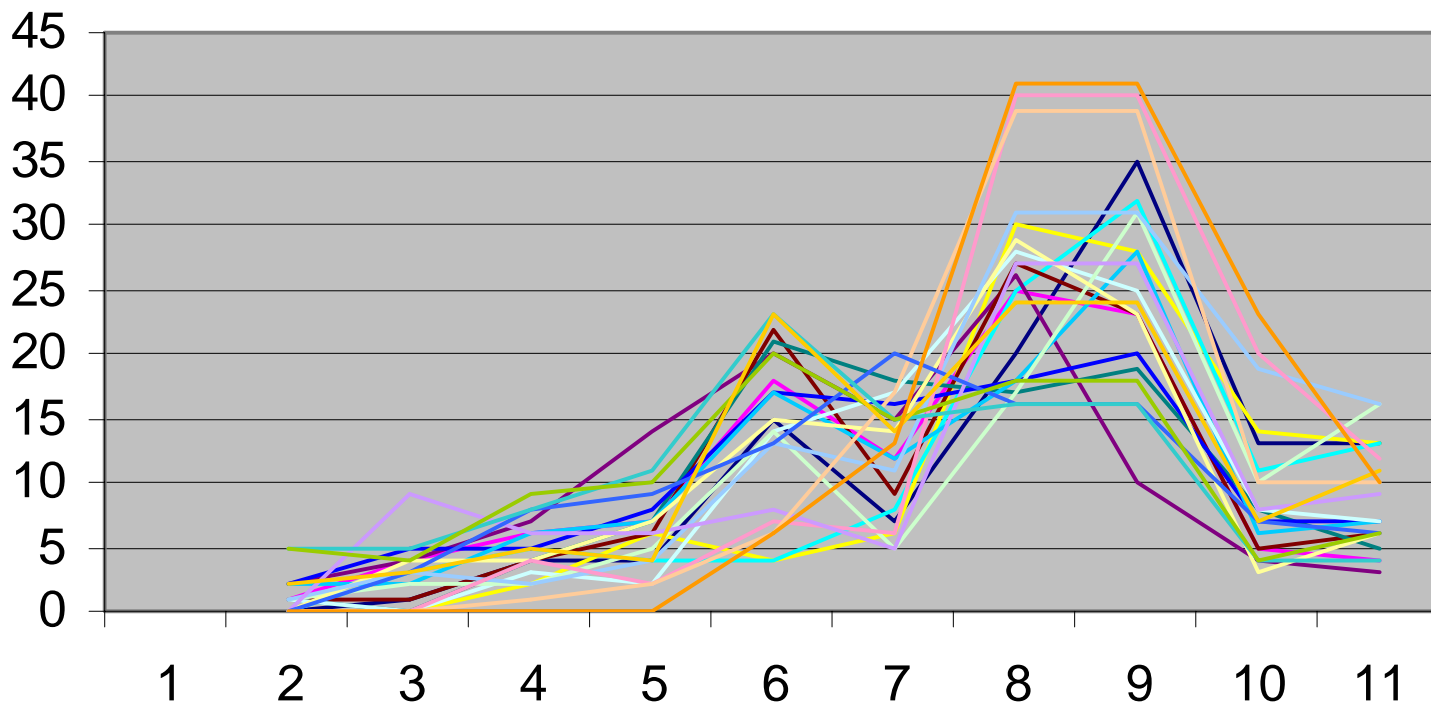


Each dot represents up to 2 observations.

Dotplot for TotPos



JOB SATISFACTION SCORES

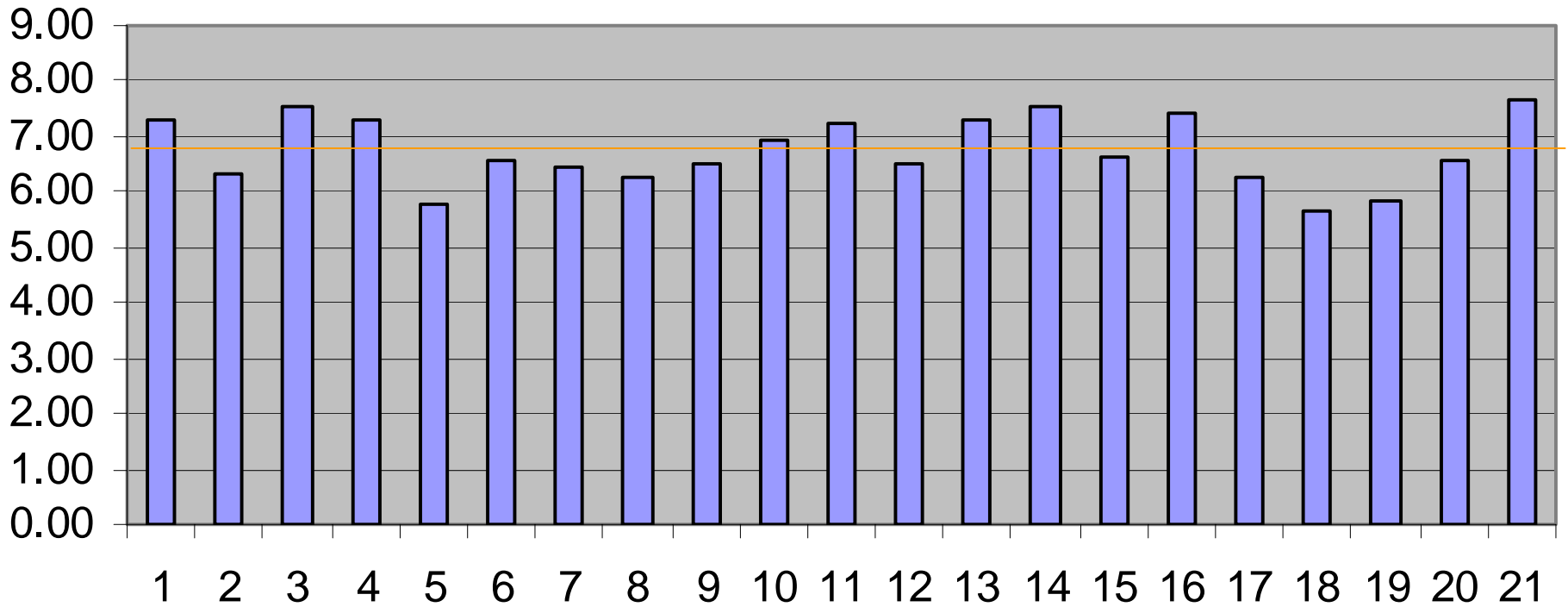


- Quest 68
- Quest 70
- Quest 71
- Quest 72
- Quest 73
- Quest 74
- Quest 76
- Quest 77
- Quest 78
- Quest 79
- Quest 80
- Quest 81

SATISFACTION RATING

MEAN
RATING 6.77

MEAN QUESTION SCORES



QUESTIONS

LOW SATISFACTION QUESTIONS

The amount of work I have to do:

Time pressures in my work make the job:

The public image of my job makes me feel:

The amount of information I receive about things going on in work makes me feel:

My opinion is sought about possible changes in the

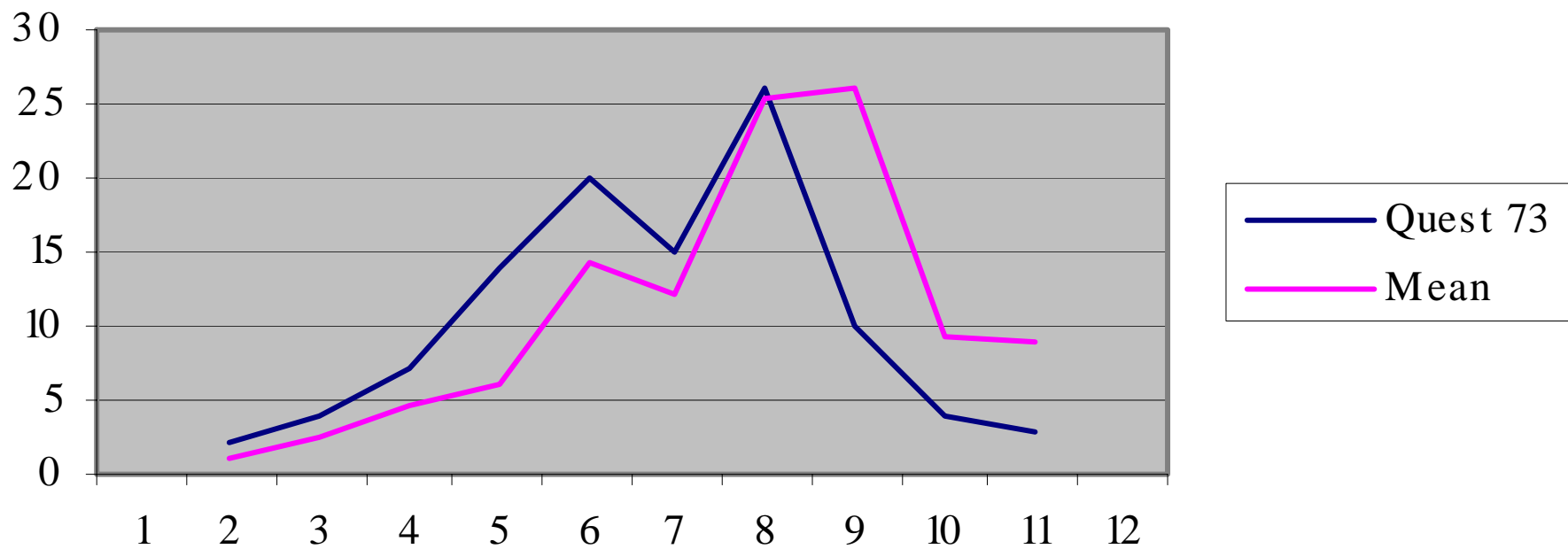
- Diocese (Parish Priest)
- the Parish (Curate)

The way my opinion is taken into account makes me feel:

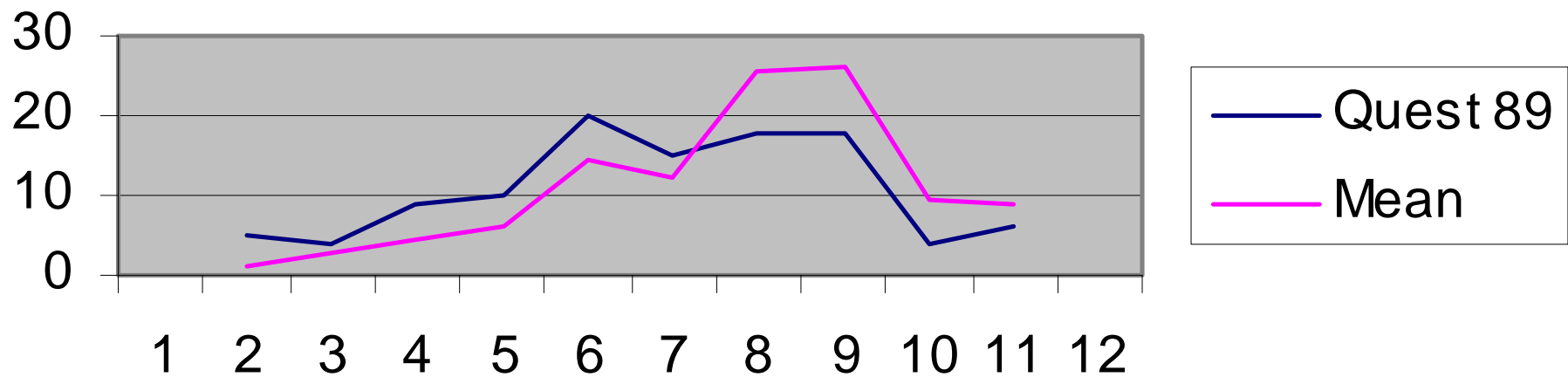
I find what is expected of me in my job: (UNCLEAR)

The amount of work I have to do makes me feel: (VERY BUSY)

TIME PRESSURES OF WORK



THE WAY MY OPINION IS TAKEN INTO ACCOUNT



HIGH SATISFACTION SCORES

The physical conditions in my work are :

My work is: (BORING.....INTERESTING)

The kind of work I do makes me feel: (SATISFIED)

The position I have reached in the organisation makes me feel:

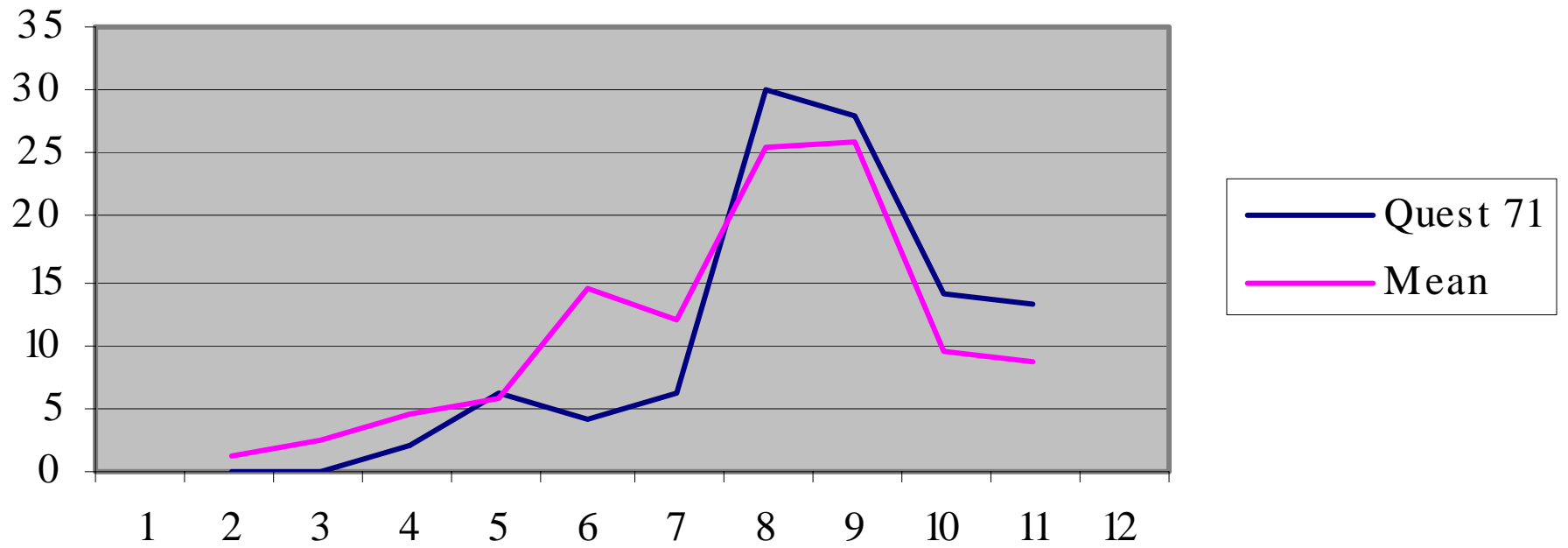
My relationship with The Bishop is: (PLEASANT)

My relationship with colleagues is:

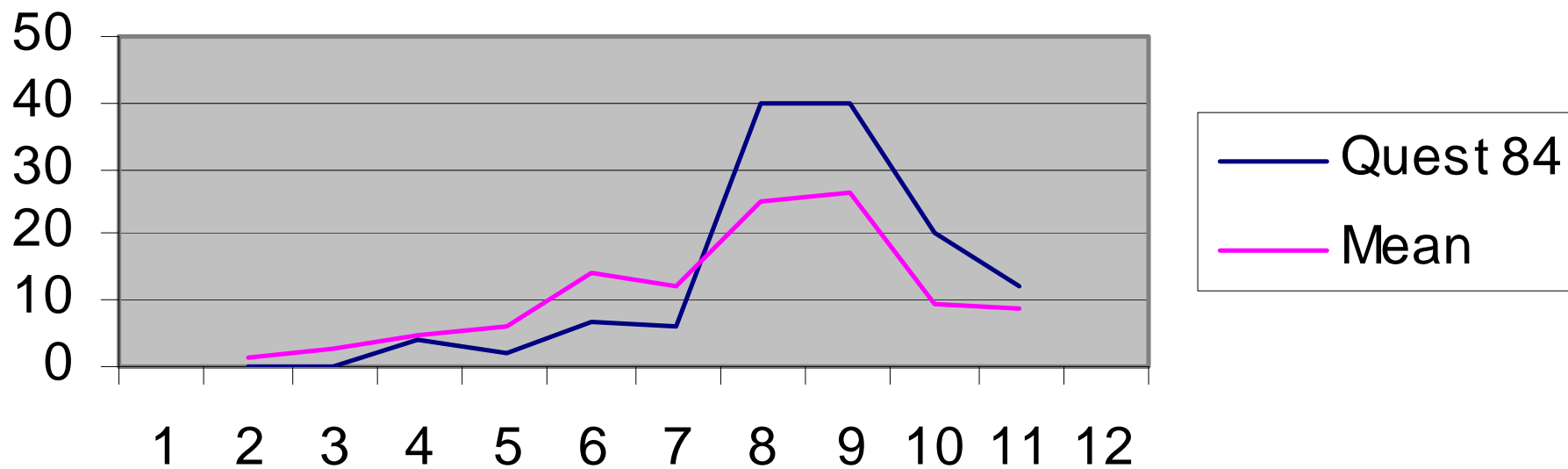
The respect other people have for me in work makes me feel:

My relationship with people in the Parish is:

WORK IS INTERESTING



RELATIONSHIP WITH COLLEAGUES



CONCLUSIONS

- HIGH OVERALL LEVELS OF WELL BEING
- 26% PROBABLE DISTRESS
- 24% ALCOHOL >21 UNITS PER WEEK
- NO RELATIONSHIP BETWEEN GHQ SCORES AND ALCOHOL INTAKE
- HIGH JOB SATISFACTION
- ISSUES: WORK LOAD & TIME PRESSURES – LINK TO SOCIAL DYSFUNCTION ON GHQ.